



Wimborne Orienteers

invite you to

The Moors Valley Challenge Mountain Bike Orienteering Event Saturday June 19th 2010

Parking	Moors Valley Country Park
Event Area	Ringwood Forest North
Start time:	Between 10am -12pm
Cost:	Seniors £6 Juniors £4 (£1 reduction for BMBO members) (see below)

What is a Mountain Bike Orienteering Score Event? You use a map to navigate a track and path network in order to visit a number of control points. You score points by visiting the marked control points in any order. There will be 25 control points.

The location

The event takes place in Ringwood Forest North. The area is coniferous forest with a full mix of tracks and paths and some steep hilly sections. There will be a warm up ride of 2km from registration at Moors Valley to the start

Moors Valley Challenge

Although this is a score event and you can visit as many of the 25 controls as you wish, the Challenge is to see who can visit all the controls in the fastest time. All 25 controls should be able to be visited depending on ability in between 1 hour and 2 hours. Otherwise scores of 10 points per control will be given as a basis for the results. The maximum time allowed for the course is 2 hours

Equipment Required

All competitors **must** have following equipment: Bike, Helmet, Map (provided) SI card (provided)
Recommended equipment (but not essential); Waterproof top, compass, tools, food, 1st aid kit,

Maps 1:15000 waterproof map (A4) will be used and issued at the start line.

Entry If you wish to compete please pre-register as an Associate Member of BMBO (British Mountain Bike Orienteering) on their website www.bmbo.org.uk This is simple and free and you will get a membership number which, if you quote it at registration, the entry fee will be £5 instead of £6 (£3 juniors instead of £4). Membership lasts until the end of 2010.

For any queries or to reserve a start time call Trevor Bridle on 01258 454811 or e-mail trevorbridle@btinternet.com.

Entrants on the day will be allocated a start time.

Facilities Visitor centre, toilets, shop and cafe, bike hire car parking at Moors Valley
Please note car parking charges do apply. Up to 4 hrs £5.00 over 4hrs £6.00

This event is organised by **Wimborne Orienteers** in association with **TRAVELCHOICE**